

NUTRITIONAL SUPPLEMENTATION & WELLNESS QUESTIONNAIRE

PATIENT FORM

PATIENT NAME: _____

Overwhelming research has shown that many of the health conditions prevalent in today's population are caused (at least in part) by poor diet and a lack of adequate exercise. Nutritional supplements can greatly assist you in obtaining the nutrients you need in order to defend yourself from poor health.

Are You Interested?

Please let us know if you are interested in learning more about nutritional supplements or wellness care which can help with the following health concerns.

Place a check next to the topics you would like to discuss:

- ☐ General Wellbeing
- ☐ Joint Health
- ☐ Bone Health
- ☐ Pain & Inflammation/ Injury Recovery
- ☐ Immune Support
- ☐ Heart Health
- ☐ Gastro Intestinal Health
- ☐ Increased Athletic Performance
- ☐ Other: _____

PLEASE LIST ANY MEDICATION YOU ARE CURRENTLY TAKING

Medication

Reason for taking
